



T.S. BOOKSHOP NEWS

Volume 16 Issue 3

December 2011



Welcome to our new online website, where you can browse our database, and order and pay online.

Launch date: Monday 12th December, 2011

www.tsbookshop.com.au

As usual, we have been working very hard at the T.S. Bookshop to continue to bring you the service that you expect and deserve. We are constantly sourcing new titles and products, which, added to the combined years of bookselling experience of our dedicated staff, creates the unique place that is the T.S. Bookshop. Thank-you so much for your positive feedback and support, especially with the Customer Loyalty Programme that we implemented this year, and the "Conversations with the Author" Events, which also commenced this year. We are now delighted to announce, that in response to your many requests, we are launching our online website, where you can search our database, and buy online. We wish you a safe and peaceful Christmas, and a transformative 2012!

Extended trading hours for the holiday season.

The T.S. Bookshop will be open from 11:00 am to 5:00 pm on Sunday 11th & Sunday 18th December.

We will also be open until 7:00 pm each weekday from Monday 19th till Friday 23rd December.

We will close at 5:00 pm on Saturday 24th Dec. 2011.

More Good News!

This year, for the first time, we will be open our normal trading hours in the week between Christmas and New Year (see back page for times).

The T.S. Bookshop will be closed Monday 26th & Tuesday 27th December 2011, and Monday 2nd January 2012, as these are public holidays.

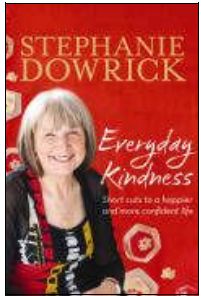
Everyday Kindness

Shortcuts to a Happier and More

Confident Life

Stephanie Dowrick, Ph.D.

PB \$28.00

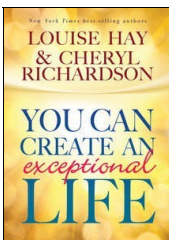


Virtually every moment of our greatest wellbeing reflects the giving and receiving of kindness. At home, at work, and in the wider world, there are countless opportunities when a moment of consideration or kindness - given or received - will transform your day. In this deeply reassuring book, well-loved interfaith minister, trained psychotherapist and wise author, Stephanie Dowrick, takes kindness as her inspiration and theme - and she does so in ways that are powerfully encouraging. Whether she is writing about food or moods, making the best choices to support our physical and emotional wellbeing, or teaching resilience to our children or ourselves, she is making a calmer, happier and more rewarding life immediately possible.

You Can Create an Exceptional Life

Louise Hay & Cheryl Richardson

PB \$14.95



Everyone knows and loves Louise Hay, metaphysical teacher and author of the international bestseller, *You Can Heal Your Life*, and many will also know Cheryl Richardson, life coach and author of books including *Take Time for Your Life*, and *The Art of Extreme Self-Care*. These two amazing women are living proof that the

spiritual principles they discuss in the pages of *You Can Create an Exceptional Life* really work. As Louise and Cheryl engage in a series of empowering and intimate conversations, you'll feel as if you're simultaneously having lunch with your best friends, and also attending a master class put on by two leaders of the self-empowerment movement. Filled with advice and useful affirmations, this is the reminder we all need to take more care with ourselves.

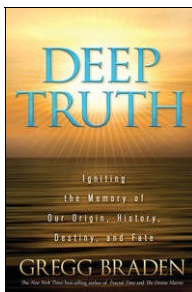


Deep Truth

Igniting the memory of Our Origin, History, Destiny and Fate

Gregg Braden

PB \$19.95



Best-selling author and visionary scientist, Gregg Braden, suggests that the hottest topics that divide us as families, cultures, and nations - seemingly disparate issues such as war, terrorism, abortion, genocide, poverty, economic collapse, climate change and nuclear threats - are actually related. They all stem from a worldview based on the false assumptions of an incomplete science. "By marrying the 20th-century discoveries of genetics, archaeology, microbiology, and fractal time, we gain a powerful framework within which to place the dramatic changes of our age, and a context that helps us deal with those changes." *Deep Truth* reveals new discoveries that change the way we think about everything from our personal relationships to civilization itself. When the facts become clear, our choices become obvious.

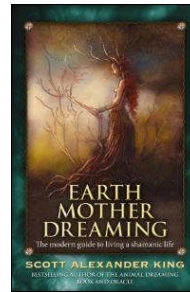
Earth Mother Dreaming

The Modern Guide to Living

a Shamanic Life

Scott Alexander King

PB \$39.95



We were privileged to have Scott Alexander King speak at our most recent "Conversation with the Author" event. Scott is a shaman, teacher and zoo-mancer, and our audience loved his warm and generous talk. He is also Australia's best known and most respected expert on animal totems and symbology, and the author of the well-loved *Animal Dreaming* and *Animal Dreaming Oracle Cards*. This latest book "is essentially a workbook - a book of practical, tangible exercises designed to help you get to know yourself better and to deepen your inherent relationship with Earth Mother, Creation and Spirit." *Earth Mother Dreaming* is an encyclopaedia of all things metaphysical that includes simple yet practical and effective activities, rituals and ceremonies that will see you slowly emerge back into a place of personal power and passion.

A Profound Mind

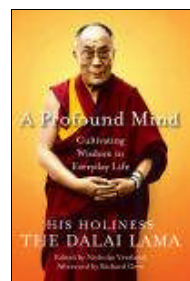
Cultivating Wisdom in Everyday Life

His Holiness the Dalai Lama

Edited by Nicholas Vreeland

Afterword by Richard Gere

PB \$23.00

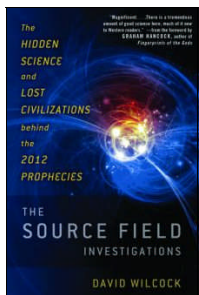


In *A Profound Mind*, His Holiness the Dalai Lama provides a succinct overview of the basic techniques of spiritual development in Tibetan

Buddhism. The mind is central to all human experience, and for this reason, the core teachings of Buddhism have always emphasized the various forms of mind training. *A Profound Mind* shows us how to transform difficult situations into opportunities for spiritual growth. Introducing several aspects of mind training, His Holiness combines the insights of traditional scholarship with his personal warmth and humanity. "The essence of mind training is the cultivation of Bodhicitta, the altruistic mind seeking to attain the full enlightenment of a Buddha in order to most effectively benefit all sentient beings."

The Source Field Investigations

The Hidden Science and Lost Civilizations Behind the 2012 Prophecies
David Wilcock HC \$29.95



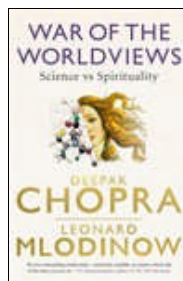
More than two million people have seen David Wilcock's incredible tour of the 2012 prophecies in his Internet documentary, *The 2012 Enigma*. Now, in *The Source Field Investigations*, he expands his vision with a cutting-edge investigation into alternative sciences, with deep insights into what is coming in our future. In this stunning synthesis of hidden science and lost prophecies, Wilcock exposes many great secrets: DNA transformation, consciousness science, wormholes, stargate travel, sacred geometry, ancient conspiracies, multidimensional time, the Maya calendar, and a stunning new model of galactic energy fields triggering mental, biological, and spiritual evolution. "The universe itself may well

be a conscious superbeing, encouraging us to make a quantum leap in our own understanding of who and what we are - and giving us the solar-system-wide galactic energy boost we need to get there ... we create the (new) Golden Age ourselves."



War of the Worldviews

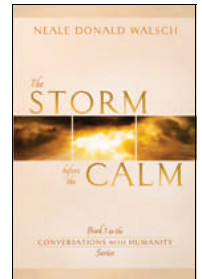
Science vs Spirituality
Deepak Chopra and Leonard Mlodinow PB \$32.95



In this spirited debate, Deepak Chopra and Leonard Mlodinow prove to be eloquent proponents for their respective points of view. "Science has set humanity on a path to unravel the secrets of nature, harness natural forces, and develop new technologies, using reason and observation instead of emotional bias as a tool for uncovering the truth of things. Spirituality looks toward an invisible, transcendent realm discovered within the self. Science explores the world as it is offered to the five senses and the brain, while spirituality considers the universe to be purposeful and imbued with meaning." Which worldview is right? *War of the Worldviews* explores the clash of opinions on three levels: the cosmos, or physical universe; life (including evolution and genetics); and the human brain. Finally, it explores the ultimate mystery, God.

The Storm Before the Calm

Book 1 in the Conversations with Humanity Series
Neale Donald Walsch PB \$19.95

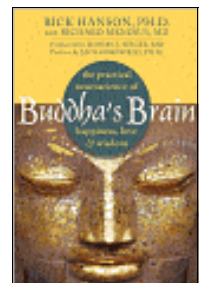


Compelling and perfectly timed, *The Storm Before the Calm* answers every question that is worth asking about December 2012 and beyond.

In his prescient new book, seven-time New York Times best-selling author, Neale Donald Walsch, discusses the global crises we are currently facing, and says there is nothing to fear, advancing an extraordinary explanation for what is happening all over the planet. More importantly, he provides a stunning prescription for healing our lives and our world through the answering of seven simple questions, inviting people everywhere to join in an earth-saving exchange at TheGlobalConversation.com.

Buddha's Brain

The Practical Neuroscience of Happiness, Love & Wisdom
Rick Hanson, Ph.D. with Richard Mendius, MD PB \$25.95



Whilst this book isn't brand new (published in November 2009) it has just recently "taken off" in our store, so it seems worthy of review.

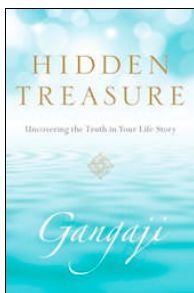
The Buddha and other great teachers were born with brains built essentially like anyone else's - and then they changed their brains in ways that changed the world. Synthesizing ancient insights from

contemplative practice in the Buddhist traditions with breakthroughs from the field of neuroscience, Hanson and Mendius have assembled a practical guide that walks you step-by-step through awakening your mind. "What flows through your mind sculpts your brain. Thus, you can *use your mind to change your brain for the better* - which will benefit your whole being, and every other person whose life you touch." *Buddha's Brain* shows you how to use your mind to shape your brain for greater happiness, love and wisdom.

Hidden Treasure

Uncovering the Truth in Your Life Story
Gangaji

HC \$29.95

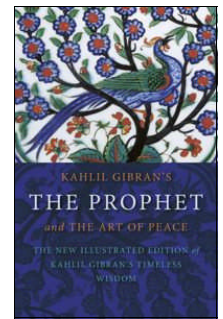


Just as the life stories of the Buddha and Christ have served those on the spiritual path for millennia, our own lives can serve as important teaching stories. In *Hidden Treasure*, one of the great spiritual teachers of our time, Gangaji, uses the telling of her own life story to help readers uncover the truth in their own. Gangaji was given her name by her teacher, Sri H.W.L. Poonja (affectionately known as Papaji). "One day Papaji asked, 'Who are you?' and for an instant I knew with all certainty that I was the spaciousness that thoughts and emotions come from, the same spaciousness that remained when thoughts and emotions disappeared." Through Papaji's teaching story called "Hidden Treasure" and her own life story, Gangaji invites you to open your mind to the eternal presence of being.

Kahlil Gibran's *The Prophet and The Art of Peace*

The New Illustrated Edition of Kahlil Gibran's Timeless Wisdom

PB \$30.00

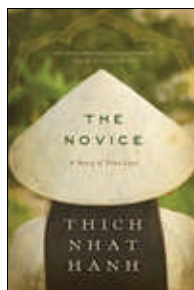


Kahlil Gibran is one of the most widely read authors in the English language. His work is marked by a distinctive flavour of ancient wisdom and mysticism. His masterpiece, *The Prophet*, is a poetic and eloquent exploration of what it means to be human. With wise and beautiful words on love, children, bereavement, joy, sorrow, hardship, freedom, friendship, good and evil, it offers the pleasures of poetry, combined with the comfort and encouragement of profound wisdom. This beautiful new edition, illustrated with full-colour photographs, includes his works *The Prophet*, *The Garden of the Prophet*, *The Madman*, *The Forerunner*, *Sand and Foam*, and *The Wanderer*. What a great gift idea!

The Novice

Thich Nhat Hanh

PB \$29.95



Zen master, poet and peace activist, Thich Nhat Hanh, retells this ancient Vietnamese folk tale, sharing the story of Kinh Tâm (or Quan Am Thi

Kinh, a manifestation of the Bodhisattva of Great Compassion), and proposing a real way of being in the world that is utterly relevant now, in the 21st Century. "A devoted student and diligent worker at the Dharma Cloud Temple monastery, Kinh is not who he appears to be. And yet the novice's true identity cannot be revealed without Kinh paying a terrible price. To continue on the path to enlightenment, Kinh must suffer false accusations, physical hardship and public humiliation without complaint. With absolute grace, astounding compassion and unwavering resolve, the novice perseveres in the face of every challenge." Ultimately, Kinh Tâm's moving fate will transform lives and offer hope for us all, to lead a life of peace and understanding.

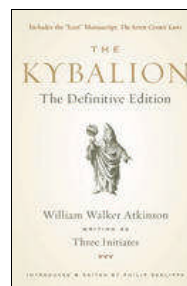
The Kybalion

The Definitive Edition

William Walker Atkinson, writing as *Three Initiates*

Introduced & edited by Philip Deslippe

PB \$19.95



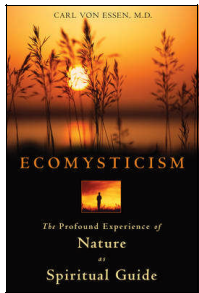
The Kybalion is one of the most mysterious and hotly debated esoteric works ever written, and arguably the most popular and influential volume

of arcane philosophy of the twentieth century. Reputedly based on ancient Greek-Egyptian wisdom, it has previously been credited only to the cryptic "Three Initiates". In this "Definitive Edition", religious scholar Philip Deslippe establishes William Walker Atkinson as the book's sole author. He authoritatively surveys the book's context within the Hermetic mystery teachings, and its far-reaching influence, including its legacy as a source of spiritual insight to modern day seekers. Published for the first time alongside *The Kybalion* is Atkinson's previously unknown work, *The Seven Cosmic Laws*.

Ecomysticism

The Profound Experience of Nature as Spiritual Guide

Carl von Essen, M.D. PB \$29.95



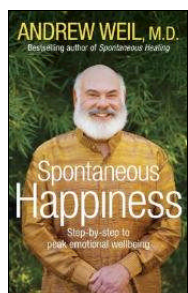
“Mystical experience of nature can be of particular relevance to our troubled age, bringing deeper into our consciousness and

emotions the logic that nature sustains humanity as humanity must, in turn, sustain nature.” Many have been struck by a majestic moment in nature, and found themselves in a state of expanded awareness so profound they can feel the interconnectedness of all life. These trance-like moments of clarity, unity and wonder often incite a call to protect and preserve the earth. In *Ecomysticism*, Carl von Essen explores nature mysticism through the recorded experiences of outdoor enthusiasts as well as scientific studies in biology, psychology and neuroscience. Offering a solid bridge between spiritual practice and environmental activism, he reveals how only through a renewal of humanity’s spiritual connection to nature can we effect true environmental healing.

Spontaneous Happiness

Step-by-step to Peak Emotional Wellbeing

Andrew Weil, M.D. PB \$33.00



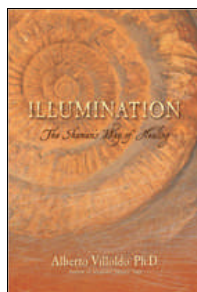
Whether you are struggling with depression, or simply want to feel happier, Dr. Andrew Weil’s revolutionary approach will shift the paradigm of emotional health, and help you

achieve greater contentment in your life. Dr. Weil has proven that the best way to maintain optimum physical health is to draw on both conventional and alternative medicine. Now, in *Spontaneous Happiness*, he gives us the foundation for attaining and sustaining optimum emotional health. He offers an array of scientifically proven strategies from Eastern and Western psychology, and draws from psychotherapy, mindfulness training, Buddhist psychology, nutritional science and more, to support emotional wellness, and offers advice on developing a spiritual dimension in our lives.

Illumination

The Shaman’s Way of Healing
Alberto Villoldo, Ph.D.

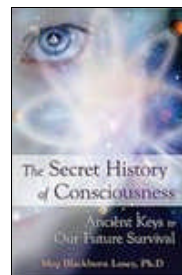
PB \$19.95



“It took me many years to understand that shamans don’t subscribe to the model of illness that we hold in the West. For them, all disease has spiritual origins, and illness is manifested through subtle bodies - the energy body, our emotions, our thoughts - and lastly the physical body ... In this book you will discover that the most powerful way to successfully face physical and emotional problems is to undergo a sacred initiation that leads to the death of your old self, to rebirth, and to your illumination.” Drawing on the wisdom of the *Laika*, (the indigenous wisdom keepers of the Andes Mountains and Amazon Rainforest), Alberto Villoldo takes us on a healing journey, inspired by the timeless wisdom of shamanism, and the latest discoveries of neurobiology.

The Secret History of Consciousness Ancient Keys to Our Future Survival
Meg Blackburn Losey, Ph.D.

PB \$24.95



What do the so-called sacred sites all over the world have to do with consciousness? Is it possible that the ancients left us keys to who we really are

and what we are capable of? *The Secret History of Consciousness* answers these questions and more. Meg Losey shares the intimate story of finding her way out of third-dimensional reality and into worlds beyond, where she learned from the Masters about life, consciousness, the sciences, multi-dimensional reality, star-gate systems, wormholes, genetic and conscious evolution, and so much more. She uncovers the true meaning of the Mayan Calendar and links sacred geometry, the Cabala, the Flower of Life, the Pyramids, Atlantis, Lemuria and more to reveal that these ancient secrets show us that we are all unlimited beings of creation. Included are symbols and meditations that will allow each one of us to become conscious of the change we are creating together.

The Three Waves of Volunteers and the New Earth

Dolores Cannon PB \$29.95



Dolores Cannon is a world-renowned researcher on the subjects of UFOs and extraterrestrials, and a hypnotherapist specializing in past life therapy who traces the cause of people’s problems to other lifetimes.

She has written many best-selling books, including *The Convoluted Universe* series, and *The Custodians*. In her latest work, she reveals that during WWII our “protectors” and “watchers” in outer space called for volunteers to come and help our planet Earth “from the inside”. In her hypnosis work, Cannon has discovered three waves of these volunteers, whose memories are erased upon entry to the Earth dimension, and who therefore do not remember their assignment. These beautiful souls have a vital role to play as they help the rest of us ascend to the New Earth.

Tarot and Astrology

Enhance Your Readings with the Wisdom of the Zodiac

Corinne Kenner PB \$26.95



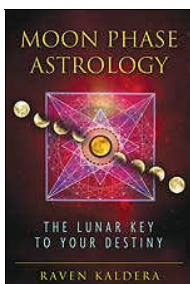
“For centuries, the art of tarot and the science of astrology have been closely linked. Now, with the help of *Tarot and Astrology*, you'll master the connections between astrology and tarot - not as two separate fields of study, but as a seamless, integrated whole.” Caroline Kenner specializes in bringing

metaphysical subjects down to earth. She is also the creator, (with illustrator John Blumen) of the *Wizards Tarot Deck*, which is used to illustrate this book. Kenner expertly teaches everything you need to know, starting with tarot and astrology basics, the cards’ archetypal symbols and imagery, the twelve signs of the zodiac, and the planets. You’ll discover how every card in the tarot relates to astrology, and learn how to give insightful readings for yourself and others. You’ll also find practical astrological spreads, interpretive techniques, and real-life sample readings in this user-friendly guidebook.

Moon Phase Astrology

The Lunar Key to Your Destiny

Raven Kaldera PB \$29.95



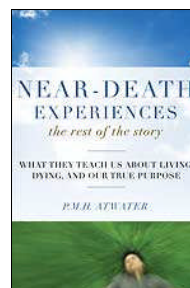
The Moon’s ever-changing phases offer a way to deepen our understanding of our natal Moon sign as well as the Moon’s day-to-day influence on our emotional tides. Through its eight phases and its wandering dance through each of the twelve signs of the Zodiac, the Moon shares its stories in ninety-

six different ways. Raven Kaldera tells the stories of all ninety-six Moon phase and Moon sign combinations, and explains the creative gifts and emotional challenges bestowed upon those born under each Moon archetype. Exploring the influences each Moon archetype has on us as it passes, he reveals which Moons are the most difficult, what innate qualities each Moon brings out in us, and what we can do to honour each Moon. “By understanding the current Moon phase and the phase we were born under, we can more easily manage our responses to the ebb and flow of both stressful and joyful intervals.”

Near-Death Experiences

The Rest of the Story

P.M.H Atwater PB \$29.95



Real-life stories of out-of-body experiences, encounters with a bright light, greeters from the afterlife, life reviews, tunnels, and 360-degree vision - all are part of this intriguing look at Near-Death Experiences by one of the world’s most noted authorities, P.M.H. Atwater. Based on over 40 years of research and interviews with more than 4,000 individuals, Atwater offers this seminal work on the phenomenon of Near-Death Experiences. She has written previously on the same subject, but in this “last hurrah” (as she calls it), she jumps from the familiar into the unfamiliar, and says things she has never dared to say before, including “transformations of consciousness are a biological imperative for the advancement and evolution of the human spe-

Life Purpose Oracle Cards

Doreen Virtue 44 cards & Guidebook \$19.95

When you know your purpose, life takes on harmonious and abundant qualities. This *Life Purpose Oracle Card Deck* by Doreen Virtue will allow you to explore your career and spiritual path. “Everyone’s mission has the same underlying element of love ... The question you need to answer relates to which form your path of love will take.” These oracle cards are designed to help you identify your specific life purpose - they show different forms of missions in order to give you insight about your soul’s chosen path. If you listen to the guidance provided by Archangel Michael through these beautifully illustrated cards, you will discover your true life purpose.



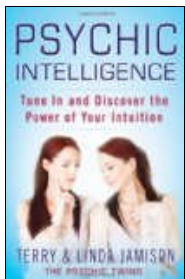
cies". *Near-Death Experiences: The Rest of the Story*, not only provides a glimpse of what lies beyond the veil of our temporal existences, but points to what - or who - we really are, and what we are meant to be.

Psychic Intelligence

Tune In and Discover the Power of Your Intuition

Terry & Linda Jamison

HC \$33.00



Identical twins Terry and Linda Jamison, known as "The Psychic Twins", have amazed audiences all over the world with their incredibly

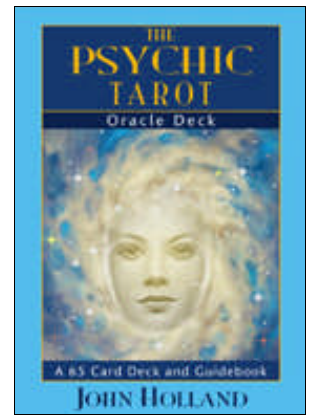
accurate predictions of global events, including earthquakes, terrorist threats, and famously, the events of September 11, 2001. Now the Psychic Twins will help you tune in to and strengthen your own intuition, look into your future, and change your destiny. They give step-by-step instructions for how you can dissolve mental blocks and focus on exploring the "Four Clairs": clairvoyance, clairaudience, clairsentience, and claircognizance. They also provide advice on tuning in your powers, including contacting Spirit Guides, learning to meditate, practicing automatic writing, and the arts of psychometry and mediumship. " ... we are here to tell you that if you just listen to that still, small voice within you and use the tools we provide, you, too, will find your wondrous authentic path and become the person you were meant to be."

Prices are correct at time of printing, but may change without notice.

The Psychic Tarot Oracle Deck

John Holland 65 card deck & Guidebook \$24.95

This fascinating deck will work for you whether you're a novice or are already in tune with your psychic abilities. These 65 beautifully illustrated cards will create a powerful bridge between your psychic abilities and the age-old meanings of the tarot, and will help you develop intuitive insights about all areas of your life, including love and relationships, business matters, and even career changes. In the accompanying guidebook, psychic medium John Holland imparts information relating to colours, symbology, numerology, energy centres, and more.

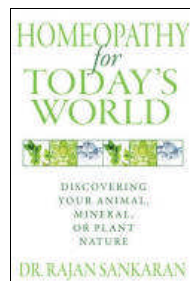


Homeopathy for Today's World

Discovering Your Animal, Mineral, or Plant Nature

Dr. Rajan Sankaran PB \$27.95

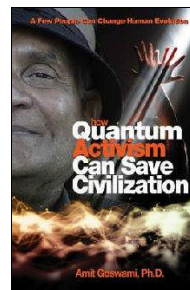
(originally published in India in 2008 under the title *The Other Song: Discovering Your Parallel Self*)



The Sensation Method of diagnosis developed by Dr. Rajan Sankaran is claimed by some to be the most important development in homeopathy since its discovery in the late 18th century by Dr. Samuel Hahnemann. Sankaran explains that our experience and perceptions of life's stresses are shaped by an inner pattern or "song", connected to one of the three kingdoms in nature - animal, plant, or mineral. Revealing itself as a constant underlying sensation felt in both the mind and the body, this inner song of re-occurring reactive patterns drives our emotions, dreams, ambitions, careers and relationships, and is the underlying factor behind why stress affects each of us so differently. Sankaran shows how this core identity can be used by homeopathic physicians to treat our problems at their source.

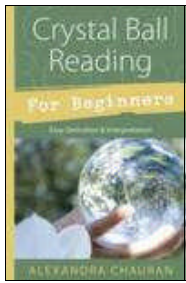
How Quantum Activism Can Save Civilization

Amit Goswami, Ph.D. \$29.95



In his groundbreaking book *God is Not Dead*, Dr. Amit Goswami demonstrated that not only are science and religion compatible, but that quantum physics actually proves the existence of God! In his new book, he asserts that a paradigm shift is occurring, taking us from a divisive, spirituality-denying, matter-based science, to one that integrates science and spirituality. "It took quantum physics for us to discover spirituality within science. We must use quantum physics' guidance to restore spirituality and unity to our society and to our social institutions." Dr. Goswami calls for a plan of action that involves applying quantum activism to a variety of social issues. He calls for a spiritual economics that focuses on well-being rather than material needs; democracy that uses power to serve rather than dominate others; education that liberates rather than shackles; and new holistic health practices that restore wholeness.

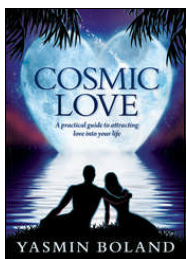
Crystal Ball Reading for Beginners
Easy Divination & Interpretation
Alexandra Chauran PB \$22.95



“You see, your subconscious knows, but your subconscious isn’t talking to you from the place of language and your left-brained cognition.

Instead, your subconscious talks to you through symbols that you can see in the crystal ball.” Alexandra Chauran, a second-generation fortune-teller, presents everything you need to know about scrying, or the ancient art of crystal ball reading. Step-by-step instructions describe what to look for and how to interpret the symbols found within the crystal ball. You can learn how to use your crystal ball for divination, guidance and meditation. This friendly introductory guide tells you how to gain heightened intuitive abilities, greater self-knowledge, and a deeper understanding of the universe.

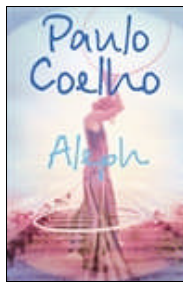
Cosmic Love
A Practical Guide to Attracting Love Into Your Life
Yasmin Boland PB \$14.95



We’ve all heard that opposites attract, but in fact it’s like that attracts like. There are powerful natural forces that can help you find true love. Filled with amazing stories, and simple and inexpensive exercises, *Cosmic Love* is a practical guide that contains all that is needed to help you find the partner your heart desires. Within weeks you’ll learn how to turn your attitude around. Instead of

attracting the wrong type of relationship or repeating old belief patterns, you can draw the love you deserve into your life - really!

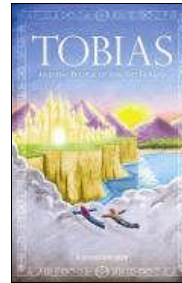
Aleph
Paulo Coelho PB \$30.00



Paulo Coelho is the beloved author of fifteen books, most notably *The Alchemist*. *Aleph* marks a return to his beginnings. “I am in the

Aleph, the point at which everything is in the same place at the same time.” Facing a grave crisis of faith, and seeking a path of spiritual renewal and growth, Coelho decides to start over: to travel, to experiment, to reconnect with people and the world. On his journey through Europe, Africa and Asia, he will again meet Hilal - the woman he loved 500 years before - an encounter that will initiate a mystical journey through time and space, through past and present, in search of himself. *Aleph* is a search for love and forgiveness, and the courage to confront the inevitable challenges of life.

Tobias
and the People of the Sky Realms
Amanda Guggenheimer PB \$16.95



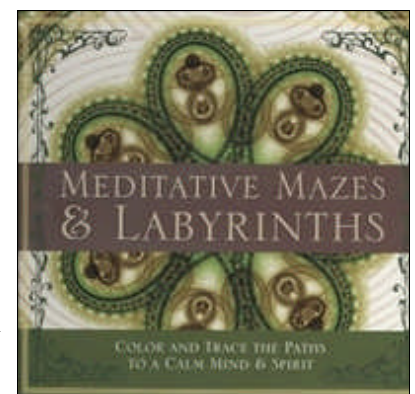
“When an ethereal stranger climbed through Tobias’s bedroom window in the middle of the night, the young man had no idea that she came to claim him for a vital mission. Her world, in the Sky Realms above earth, suffered from a dark enemy... Tobias realized he had little choice but to help his new friend and her family. The future of the Sky Realms and earth depended upon it.” Amanda Guggenheimer, author of the best-selling, *The Lightworker’s Companion*, weaves spiritual wisdom and esoteric and metaphysical themes into this imaginative adventure story, captivating young adults and adults alike with the possibility of higher, hidden realms, awaiting discovery.



Meditative Mazes & Labyrinths
Colour and Trace the Paths to a Calm Mind and Spirit
Cassandra Camille Wass
 Boxed Set \$19.00

“Mazes and labyrinths are ancient symbols that were once used as tools to gain deeper understanding of human spirituality. History shows that people used them to balance, heal, empower, and create transformation for themselves.”

Learn how meditating on and colouring in mazes and labyrinths can enhance life in today’s fast-paced world. The helpful guidebook includes fascinating information on the history and legends of mazes and labyrinths, the power of the colours and designs, and how to use the drawings with meditative practices. Included in the kit is the guidebook, 10 coloured pencils, and 80 sheets of mazes and labyrinths to colour and trace.



AURA-SOMA POMANDERS

In the last edition of the newsletter I mentioned the wonderful range of Aura-Soma products available at the T.S Bookshop, specifically the Equilibrium bottles. In this edition, I want to expand on the range of products Aura-Soma has as part of their colour healing system to include the Pomanders. This product can be used independently or in conjunction with the Equilibrium bottles, providing an invaluable support.



The primary use for the Pomanders is to cleanse and refresh the electromagnetic field directly surrounding the physical body. This supports the light body and helps maintain its structure and integrity.

There are 15 different Pomanders used in Aura-Soma, which cover the colour spectrum. Each Pomander contains the energies of colour, crystals, gems and 49 herbs which address the needs of certain areas within the light body.



The use of Pomanders provides you with the opportunity to find inner peace by connecting to your own inner spirit. In the long term there is a sense of enhanced vitality and vibrancy within self.

There are several ways to choose a Pomander: one way is to look at the list of indicators and benefits and choose which aspect you would most like to work with, and another is to intuitively pick the colour you are most drawn to - either way is right. For those using Equilibrium bottles, indicators can be found in the bottle selection.

Here is a list of the indicators and benefits of using the Pomanders

Deep Red	Grounding and revitalising. Provides the strongest protection against geopathic stress.
Red	Everyday protection against energy zapping. Increases energy and enthusiasm.
Coral	Awakens us to a new way of caring for ourself and others. It encourages co-operation, non-competitiveness, and the courage to love.
Orange	Highly recommended for shock and trauma experienced on any level of our being. Awakening to insight.
Gold	Helps to reconnect to our own instincts and innate wisdom. Supports in relinquishing irrational fears.
Yellow	Brings in joy, helping with nervousness and anxiety, self-knowledge and learning.
Olive Green	The bridging energy in supporting the opening of the heart. Helps let go of envy, jealousy and nervous fear by bringing in compassion and wisdom.
Emerald Green	Opens and calms the heart. Creates space to make heart-felt decisions. Helps with breath work.
Turquoise	Creativity, playfulness and heart-felt communication. Supports the process of individuation.
Sapphire Blue	Brings in inner peace. Protective, especially during meditation. Supports communication and public speaking.
Royal Blue	Relates to the third eye and provides protection when receiving inspiration and developing higher mind functions.
Violet	Calms the mind, allowing you to go deeper during meditation, opening perception and awareness to higher realms. Supports the process of transformation and healing.
Deep Magenta	The carer's carer, refilling the cup of those who are always giving to others. Energises and soothes at the same time.
Pink	Emotionally supportive, surrounding you in an atmosphere of love. Harmonises group energies and neutralises aggression.
White	Generally clears, balances and protects the electromagnetic field. Brings in the light and helps provide clarity.

CD REVIEWS

DNA Music

OMNIPURE

CD \$32.95

Kirkland and **Laura Ross** are **OMNIPURE** and they create music using the *Solfeggio frequencies* to assist in raising one's vibration. The music is enhanced having been programmed with the unique energy code of 159483726, to increase the music's potency. **Kirkland** intones deep resonant Om-like tones, while **Laura's** voice gently weaves in and out of the music in wordless melodies. The music itself is unashamedly new-age - chimes, bells, sitar-like strings, synth flutes and drones all combine to produce music that is calming at the very least. This music will appeal to fans of the music of **Jonathan Goldman**, **Deuter** and **Anugama**.



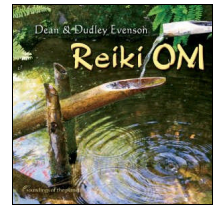
Reiki Om

Dean & Dudley Evenson

CD \$22.95

Dean & Dudley Evenson

are true new-age pioneers: they both founded the record label *Soundings of the Planet* in 1979 and have created nearly forty albums of music between them. Acoustic instruments feature predominantly on their recordings and true to the name of their record label, they often feature musicians from around the world. *Reiki Om* is no exception: *guzheng* (a 21 string Chinese zither) player **Henry Han** guests with **Dean** and **Dudley**. This is gently meandering music, that has an Eastern/Chinese flavour, intended for use in healing spaces or simply for relaxation.



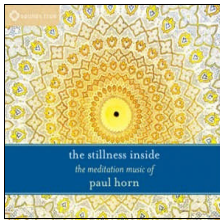
Stillness Inside

Paul Horn

CD \$26.95

In 1968 **Paul Horn** took a tape recorder into the Taj

Mahal to record an album of solo flute improvisations; this began a series of recordings dubbed the *Inside recordings*. He followed with recordings from within the inner chambers of the Cheops pyramid in Egypt, Canyon de Chelly in Arizona, Kazanieras cathedral in Lithuania, and Monument Valley in Colorado. The results were a series of recordings where the location itself helped shape the sound of the music through natural reverb and echoes. *Stillness Inside* collects tracks from these albums creating a seamless work of introspective improvisation to connect you with your own *stillness inside*.



Music of Georges I. Gurdjieff

The Gurdjieff Folk Instruments Ensemble

CD \$26.95

Armenian mystic **Georges Gurdjieff's** music is inspired from folk tunes and mystical ritual music. He was inspired to compose his music after extensive travels throughout the Middle East, Asia, India and North Africa. Composed for a series of esoteric ritual movements, his music has been widely interpreted and valued often purely for its compositional qualities. Predominantly, his music is interpreted on the piano, however, here the music is interpreted on the instruments he would have heard them on during his peregrinations. This is a beautiful rendering of his music in what is effectively a folk chamber ensemble. It will appeal to lovers of Armenian folk music.

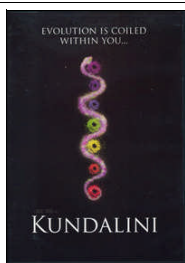
In brief: *Òran nan tonn – Song of the Waves* by vocal quartet **Navan** (\$26.95), weave delightful harmonies, with songs from the various Celtic people. Vocalist from **Afro Celt Soundsystem**, **Iarla O'Lionaird** has produced *Foxlight* \$25.95, a deliriously beautiful release where Celtic sean nous tradition is combined with minimal electronica. **Deva Premal** has released *Password* (\$24.95) fans will be pleased with another offering of smooth, hypnotic and sensual chants and music. *Songs of Tara* (\$26.95) is a collection released through the Sounds True label featuring songs dedicated to the Tibetan Goddess by the likes of **Wah!**, **Nawang Khechog**, **H.H. Dalai Lama** & others. 2011 has been a great year for Ambionica (ambient electronic) releases: **Erik Wollo** & **Steve Roach** have created a rich textural world of ambience with *Road Eternal* (\$20.95); **Harold Budd** has released the beautiful *In The Mist* (\$21.95), similar in feel to his 2004 masterpiece *Avalon Sutra* - here is music of poignant elegance; ambient surbahar/sitar maestro **Al Gromer Khan** returns with *forêt diplomatique* (\$24.95), a great example of his "paisley music" albeit with a more contemporary feel. **Kazuya Nagaya's** latest album *Skyward the Spirit, Earthbound the Soul* (\$37.50) is a sublime, reverent composition, using the sounds of bells, gongs and singing bowls with subtle keyboard and guitar textures - we're really proud to be the sole distributor of a limited range of Kazuya's serene music. **If you're in town do drop by and check out our range of sale discs - you might just find an unexpected treasure!**

DVD REVIEWS

Kundalini Nitin Adsul

DVD \$38.95

One of the most misunderstood and ironically maligned spiritual phenomena, *kundalini* is explained here in fairly straightforward terms. *Kundalini*, particular to many if not all mystical traditions, is known by various names according to the tradition; it is a dormant energy said to reside in all people awaiting the individual's readiness for the energy to "unfold". *Kundalini*, features numerous people sharing their personal experiences with kundalini; a significant amount of time is devoted to the experiences of **Gopi Krishna**, who is famous for intimately describing his own kundalini experiences in a number of highly regarded publications.



2012: Time For Change

Joao Amorim with Daniel Pinchbeck DVD \$24.95

Well, in case you didn't know it, next year is 2012, and if you are to believe the word on the street via the Mayans, Y2K ain't nothing! So, while some say the end of the Mayan calendar cycle is going to result in calamity, others say it's the beginning of a golden era for the consciousness of mankind and civilization as a whole. The hitch is, it seems to be occurring while the world as we know it is undergoing a period of profound upheaval – climate change, financial system meltdown etc. So author **Daniel Pinchbeck** hits the street to interview various participants and commentators about what mankind needs to do to adapt and change. Featuring **Sting, Barbara Marx Hubbard, Dean Radin, David Lynch, Buckminster Fuller, Shiva Rea** and others.

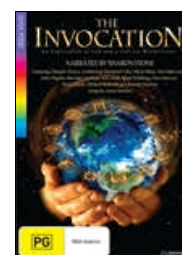


The Invocation

Emmanuel Itier

DVD \$29.95

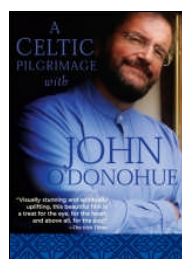
Narrated by **Sharon Stone**, *Invocation* explores spirituality in its myriad forms, including its religious manifestation. Commentary is provided by a plethora of people from all walks of life including prominent religious and spiritual figures - **Bishop Desmond Tutu, Mark Wahlberg, Deepak Chopra, Dave Stewart** (musician - *Eurythmics*), **Oliver Stone, Charles Tart** and many more. These people affirm that despite their differing approaches and practices, the common goal of all these spiritualities is to connect with the divine and to transcend egoic limitations. This connection, in turn, enriches our lives in a manner that nothing else can – interesting food for thought.



A Celtic Pilgrimage with John O'Donohue

DVD \$29.95

Poet, philosopher and author, John O'Donohue (1956-2008), takes us on a journey through selected locations in the west of Ireland, all the while reminding us that the external journey can be used as mirror to our own inner exploration. Bringing pre-Christian Celtic mythology and sense of place into the narrative, akin to the attitude of indigenous Australians, this is an inspiring look at the act of pilgrimage. Let me say, the scenery contained within this feature is worth the price alone; it is magnificent and unexpectedly moving.



Jon Braely is an American filmmaker/documentarian whose subject matter is the martial arts and Eastern spirituality: he formed **Empty Mind Films** as a vehicle to record his projects. One of his recent films, *A Natural Way* (\$19.95), explores the traditional medicine and natural healing systems of India, Tibet and China. This is a fascinating study of these traditions and certainly whets the appetite for further investigation. All of the traditions are studied in clinics in their countries of origin - excepting the Tibetan tradition; Traditional Chinese Medicine receives significant coverage. Recently remastered, *The Empty Mind* (\$19.95) is a martial arts documentary that explores the arts of Aikido, Karate, Kendo, Kyudo, Kungfu, Wushu and Taiji. Again, visiting schools in the countries of origin *The Empty Mind* is an exploration of form and the inner teachings that all of these schools emphasize. *The Art of the Japanese Sword* (\$19.95), as its name suggests, is an in-depth look at the thousand year old tradition of Japanese sword making. As much appreciated for its aesthetic qualities as its association with the *Samurai*, this documentary explores another side of the sword rarely seen outside of Japan – its manufacture. We are very proud to offer **Empty Mind Films** DVDs, which include other titles such as *Masters of Heaven and Earth: The Secrets of Tai Chi Chuan* (\$19.95) - a study of Yang style, Chen style and Yuchang, featuring many interviews with priests and masters of the styles.

2012 CALENDARS & DIARIES - many more in store - selling fast!



Opening hours during the holiday season

December 2011

Sunday 11th 11:00 am to 5:00 pm
 Sunday 18th 11:00 am to 5:00 pm
 Monday 19th to Friday 23rd 9:00 am to 7:00 pm
 Saturday 24th 9:00 am to 5:00 pm

CLOSED Sunday 25th, Monday 26th & Tuesday 27th

Wednesday 28th & Thursday 29th 9:00 am to 5:30 pm
 Friday 30th 9:00 am to 7:00 pm
 Saturday 31st 9:00 am to 5:00 pm

January 2012

CLOSED Sunday 1st & Monday 2nd

We resume normal trading from Tuesday 3rd January 2012



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 9:00 AM - 5:00 PM
 CLOSED SUNDAYS